

Project UNIFY®

**Special
Olympics
New Jersey**



School Grant Application Cover Sheet 2014-2015

Due September 16, 2014

Special Olympics New Jersey is excited to have your school participate in Project UNIFY® New Jersey! As a Project UNIFY® school or district, you are eligible to apply for a mini-grant of up to \$3,000/school. To apply, please complete and return this application no later than September 16, 2014. Special Olympics New Jersey looks forward to partnering with your school/district to advance the opportunities for all young people to learn, play and live together.

Reporting Requirements

Project UNIFY® is made possible by a generous grant from the U.S. Department of Education. An important requirement for all grantees is to provide detailed midterm and final reports including participation numbers and descriptions of events and activities. The midterm report is due December 31. The final report is due June 1.

Name of School: Hannah Caldwell Elementary School

Address: 1120 Commerce Avenue

City: Union

State: NJ

ZIP: 07083

- Elementary
- Middle
- High

- Rural
- Suburban
- Urban

Years as a Project UNIFY School: 0

School District: Township of Union

Name of School Liaison: Daniel Seugling

Day Phone: (908) 206 6105

Email: dseugling@twpunionschools.org

Name of Student Leader: Susan Strumpf

Day Phone: (908) 206 4418

Email: sstrumpf@twpunionschools.org

YAC Meetings:

(Write in times)

Monday _____

Thursday _____

Tuesday _____

Friday _____

Wednesday _____

Saturday _____

Name of Principal: Kathryn DiGiovanni

Day Phone: (908) 206 6101

Email: kdigiovanni@twpunionschools.org

Signature of Principal: Kathryn Di Giovanni

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Grant Application Overview and Requirements

Schools that are involved with Project UNIFY® conduct activities that impact the entire student body at various levels of intensity in order to promote social inclusion and positive school climate. Through a variety of inclusive sports, education, awareness and youth leadership opportunities, young people are empowered and supported in engaging their entire student body in building a community of friendship, sportsmanship and acceptance. **Schools must actively participate in all three Project UNIFY® components**, encompassing activities from the following initiatives:

1) Unified Sports® Inclusive Sports & Skill Development

- Unified PE, Unified PE/Partners and Peer Coaches
- Unified Club Bowling: Go during the day or on a night or weekend.
- Interscholastic Project UNIFY competitions: basketball, bowling, soccer, track & field, turbo-jav, bocce
- Unified teams for school conference interscholastic events: track & field, aquatics, bowling
- Unified Game Day: Bring teams together to host Unified Sports days.
- Intramurals, club sports, 3-on-3 tournaments after school
- Unified Sports clubs community rec. programs: Start an after school Unified Sports program that invites kids throughout the community to come out and play.

Inclusive Youth Leadership

- Establish Project UNIFY® club, collaborate with student council and other clubs
- Lunchmates: Create opportunities for kids with and without disabilities to share lunch. Try Shake-It-Up Friday where everyone sits with someone they never have.
- Study Partners: Create opportunities for kids without disability to be partners in other elective classes and clubs
- Hold trainings and meetings for other student club leaders regarding how to be more inclusive
- Get the whole school involved in conducting the Cool School Challenge during lunch or on a test day. Set a goal of how many students you want to participate in the challenge.
- Ask if you can attend a faculty meeting to present inclusive leadership and ways you think you can help make your school more socially inclusive.

Whole School Engagement

- Sponsor Disability Awareness Week of Activities: Create a theme for your school.
- Sponsor Assembly: Invite a speaker, SONJ athlete, or athlete-partner combination from your school
- Create videos or show Special Olympics videos: Get Into It, Movies that Move
- Engage other teachers to join: language arts, guidance, athletics, music, art, world languages - all can incorporate disability awareness themes into their classes.
- Hold a Eunice Kennedy Shriver Day: March is also Women's History Month!
- Pep rallies: Assemblies promoting disability awareness or your Special Olympics athletes along with other athletes in the school
- Conduct a Take the Pledge Day as a culminating event
- Hold a Disability Awareness Fair
- School Spirit Giveaways: pencils, bracelets, lanyards
- Poster contest, word walls, temporary murals: Be creative; change up your school environment!

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Special Olympics Project UNIFY® is an education and sports based strategy powered by an engaged youth community that increases athletic and leadership opportunities for students with and without intellectual disabilities, while creating communities of acceptance for all. Special Olympics Project UNIFY® provides opportunities for young people of all abilities to be leaders in their schools and communities by promoting equality and acceptance. These leadership activities help students with and without intellectual disabilities find their voices by teaching them to become change agents striving for respect and inclusion. Inclusive sports provide youth with and without intellectual disabilities the opportunity to train and play together as teammates. Students develop athletic skills while forming friendships, fostering respect for each other, and becoming leaders both on and off the field.

As a Project UNIFY Grantee, your district/school agrees to:

- Participate in the pre- and post- evaluation process, as outlined by Special Olympics New Jersey (SONJ)
- Provide regular monthly reports to SONJ highlighting progress
- Engage in collaboration between school leaders and SONJ on sustainable and long-term plans
- Engage in professional development opportunities offered by SONJ
- Identify a staff member to serve as the school liaison to facilitate ongoing communication with SONJ
- Have staff liaison, supervisor and a minimum of 2 YAC members attend training date and youth summits
- Have a phone interview to discuss plan for 2014-2015 upon completion of application
- Complete a budget and follow the acceptable spending guidelines

Application Submission Instructions:

The district/school liaison should complete this form after reading the requirements and consulting with the Special Olympics New Jersey Project UNIFY® director for any questions. It is important the liaison completing this application is an administrator or has obtained school administration approval before turning in the application to Special Olympics New Jersey.

FOR DISTRICT LEVEL APPLICATIONS:

Complete the application and budget for the entire district program. Include one Application Cover Page for each school, naming a school liaison for that building.

Please complete and return to the Special Olympics New Jersey office:

- Email to: scc@sonj.org
- Or fax to: (609) 896-8040
- Questions? Call: (609) 896-4000, ext. 284

Schools participating in Special Olympics Project UNIFY® agree to use all supplied branding materials. They also agree to all reporting requirements. All schools will submit a budget and be reimbursed only for approved expenses. Change in budget items will require pre-approval by SONJ.

Amount Requested: \$3,000.00 Date: 9-22-2014

School Liaison or Administrator Signature: Kathryn Di Giovanni

Project UNIFY Description for Hannah Caldwell

1. What are the main goals for Project UNIFY® in your school/district?

At Hannah Caldwell, we continually strive to provide an inclusive and welcoming learning environment where all students have the opportunity to fulfill their academic and social potential. We are excited to submit this Project UNIFY application for \$3,000 to expand services to our pre-kindergarten through grade 4 student population, focusing on inclusive sports, young leadership, and overall school engagement. Our main goals are as follows:

- To create a unified sports program that fosters both athletic skills and team building
- To identify young leaders who model and encourage respect for and acceptance of all peers
- To encourage social inclusion among the entire study body with an emphasis on disability awareness

2. Which Special Olympics Initiatives will be implemented in your school?

- Get Into It/ Movies That Move
- Youth Activation Committee
- Respect Campaign/Pep Rally
- Unified Sports: In-School

3. How do you plan to implement the Youth Leadership Committee, and what support will you provide your students in carrying out their Project UNIFY Programs?

Although we have a young population at Hannah Caldwell, we believe that our oldest students are mature enough to participate on an in-school, supervised leadership committee that promotes the unification of all students. After collecting feedback from teachers and guidance counselors, we will identify two students from each mainstream grade 3 and grade 4 class, who will act as youth leaders. These committee members will be recognized for showing compassion for others and enhancing the culture of their classrooms.

We have several highly experienced staff members who can lead this committee. They include guidance counselors who teach social skills and help combat bullying in school as well as regular and special education teachers who encourage integration and friendship in their classrooms.

We will identify two staff committee leaders and six student committee members (youth leaders) and provide this information by October 31 via the Youth Activation Committee form.

The Youth Leadership Committee will meet monthly to discuss progress within the three Project UNIFY components (sports, leadership, and whole-school engagement). Youth leaders will begin setting examples for their peers immediately. Such behaviors will include becoming a gym buddy during physical education and befriending a child with special needs during recess—two specific project plans outlined in our inclusive sports

component. These leaders will also help plan and implement the pep rallies included in our whole-school engagement component, outlined in further detail in question 5.

Overall, the student leaders will represent their best selves throughout the entire school day and encourage the same tolerance and kindness from their peers. In June 2015, we will reward these students with a luncheon led by Principal Kathy DiGiovanni, who will provide each student with a certificate of appreciation for their leadership services. Lunch will be provided by the Hannah Caldwell cafeteria.

4. How will you fulfill the inclusive sport component?

Please refer to attached for complete response

We have two goals for fulfilling the inclusive sport component of this program: 1) more integrated physical education that includes preparing disabled pre-kindergarten students for eventual entry into integrated physical education and 2) inclusive recess.

Inclusive Physical Education

We are pleased to report that Hannah Caldwell already offers integrated physical education for grades K-4 that joins students from self-contained classes with those from regular mainstream classes. In these classes, we encourage students to mentor classmates who have intellectual or physical disabilities, focusing on collaboration rather than competition.

As part of Project UNIFY, we will expand these positive relationships for all students in class. In addition, we will give free resources to our physical education teachers, provided by Project UNIFY/Special Olympics New Jersey, that offer activity suggestions and coaching tips on encouraging teamwork and acceptance of others.

In addition, we would like to provide opportunities for integrated classes for special education and regular education students. Through materials from the Young Athletes Kit, preschool students will be better prepared for the integrated experience. The equipment will help students develop physically and socially. Introducing a program designed to increase physical movement will better prepare these young students for integrated physical education classes in PreK to 4th grade.

Inclusive Recess

Another area where we want to incorporate a unified sport component is recess time for grades K-4 students. For 20 minutes each day, these students receive a mental health break on our school playground, which is meant for them to release energy, socialize, and prepare for additional academics. Although our playground provides a fitting environment for these purposes, it lacks the resources to fulfill them effectively. With only the asphalt to walk on, students naturally form their own social groups. This result has an isolating impact on our special needs children, many who lack the skills needed to converse and emotionally connect with others.

A generous grant from Special Olympics New Jersey will allow us to purchase board games, soft balls, drawing chalk, and other engaging resources that will attract all types of students, while encouraging physical well-being and equality. We will assist the lunch aides who supervise recess time by modeling ways to integrate children with these various activities. We will also enlist the help of our very important youth leaders, who

will take the initiative to include students who have disabilities and encourage their friends to replicate this positive behavior. Over the grant period, we expect to see a significant difference in the way all children interact during recess time because we have provided a more encouraging social climate.

5. What is your plan for whole-school engagement? How will you incorporate the Respect Campaign?

The staff of Hannah Caldwell work together to encourage school unity and spirit among all grade levels. In the first two weeks of this new school year, all classes participated in Kindergarten Color Day, an initiative in which staff members and students wore an article of clothing that matched a specific color for that day. The purpose was to help the kindergarten students learn their major colors. This type of schoolwide support that encourages outreach and the sharing of skills aligns with the whole-school engagement component of Project UNIFY. Our plans for this area are to increase school education about disability awareness within classes and during school pep rallies.

Classroom Education

To increase overall engagement of students, we will implement the initiative, Get Into It/Movies That Move, within all grades. Homeroom teachers will participate by using the age-appropriate lessons, activities, and video offered by Project UNIFY/Special Olympics New Jersey at least twice a month. All lessons will teach the importance of acceptance and inclusion. Teachers will have flexibility in how they create their lessons and at what times of day they provide them. During faculty meetings, teachers will have the opportunity to share feedback on the initiative, including success stories and suggestions for future lesson plans.

School Pep Rallies

Our other plan to foster whole-school participation is to hold at least three pep rallies throughout the grant year, with the goal of completing two by June 2015. Approximately 540 students and 30 teachers will attend. The major focus will be respect, which is not a new concept for these students since we have run district-wide presentations on anti-bullying. To encourage enthusiasm for this new school event, students will be allowed to create posters and banners during art class using our current school supplies. Our youth leaders will assist with the artwork and also during the pep rallies, which will include helping students get seated and focused. With funding, we would also like to purchase school spirit items such as buttons with safe backing or flags that illustrate our respect focus. These items would be distributed to students prior to each rally.

In addition, and again with financial support, we would like to hire guest speakers for the rallies. Principal DiGiovanni knows two motivational speakers who specialize in encouraging young children to understand others and accept their differences. These speakers would support the already enthusiastic culture that we have at Hannah Caldwell and further reinforce our mission to unify our student body.

6. If your school is currently involved with your local Special Olympics New Jersey Program, please tell us how. Include the sports you practice and the number of athletes, Unified partners and volunteers.

Currently, Hannah Caldwell is not involved with our local Special Olympics New Jersey Program. We hope to establish this partnership in the 2014-2015 academic year.

7. Please describe your plan for long-term sustainability for Project UNIFY in your school.

We are confident that a one-time grant from Special Olympics New Jersey will provide us with resources that we can sustain long-term. The physical equipment purchased for our self-contained pre-kindergarten class and our recess playground, our two areas in most critical need of financial support, will provide us with several years of use. We will ensure that all equipment is used correctly, maintained, and stored safely and consistently to maximize its longevity.

The education that we will gain and pass down to future generations of students and staff at Hannah Caldwell will be timeless. We expect that the many novel activities, such as the interactive classroom resources and gym partnerships, will become a regular part of our already inclusive culture.

8. What other schools in your district are participating in Project UNIFY? What are your plans to collaborate with them?

Several other schools in Union Township District have applied for the Project UNIFY grant for the first time. They are as follows:

Union High School, Burnet Middle School, and Battle Hill Elementary School

As we get Project UNIFY up and running, our hope is to discuss our successes with other partnering district schools and address any challenges so that we can be as effective as possible. Such collaboration may include a meeting held every two months with all school liaisons and principals, where we can share our resources and knowledge. We also hope to extend the program to nonparticipating schools in the district over time, which we can easily initiate by reporting our experiences at meetings held specifically for school principals and Special Services Department members.

9. If there are not other schools currently participating in your district, with which schools will you try to collaborate to make Project UNIFY present in your district? How do you plan to make that happen?

Not applicable

**Estimated Budget:
Inclusive Sports & Skill Development**

Uniforms	Equipment <i>Games for Inclusive Recess (include board games, soft balls, drawing chalk, and storage containers); Cost: \$500</i> <i>Young Athletes Kit for self-contained pre-K class; Cost: \$100</i>
Transportation	Facility rental
Fees	Food
Supplies (please itemize)	Total expenses: \$600

**Estimated Budget:
School Community Awareness**

T-shirts	Posters or banners
Equipment	Food
Rental or fees <i>Two guest speakers for pep rallies; Cost: \$1200</i>	Transportation
Supplies <i>School spirit items for pep rallies (buttons or flags); Cost: \$1100</i>	Total expenses: \$2300

**Estimated Budget:
Youth Leadership & Youth Activation**

Events planned	Food <i>End of year luncheon with school principal; \$75</i>
Supplies	Other <i>Certificates of appreciation for youth leaders;\$25</i>
Total Expenses: \$100	

Other Activities or Expenses	
Stipends <i>Items; cost descriptions</i>	Other (please itemize) <i>Items; cost descriptions</i>
Total expenses	

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Name of School: Burnet Middle School

Address: 1000 Caldwell Ave

City: Union

State: NJ

ZIP: 07083

- Elementary
 Middle
 High

- Rural
 Suburban
 Urban

Years as a Project UNIFY School: 2015 - 2016

School District: Township of Union

Name of School Liaison: Donna Koby

Day Phone: (908) 851-6498 Email: dkoby@twpunionschools.org

Name of Student Leader: Diana Schraer

Day Phone: (908) 851-6490 Email: dschraer@twpunionschools.org

YAC Meetings:
(Write in times)

<input checked="" type="checkbox"/> Monday <u>8:00-8:15</u>	<input checked="" type="checkbox"/> Thursday <u>8:00-8:15</u>
<input checked="" type="checkbox"/> Tuesday <u>8:00-8:15</u>	<input checked="" type="checkbox"/> Friday <u>8:00-8:15 - 1x a month after school 2:34</u>
<input checked="" type="checkbox"/> Wednesday <u>8:00-8:15</u>	<input type="checkbox"/> Saturday _____

Name of Principal: Raymond Salvatore

Day Phone: (908) 851-6490 Email: RSALVATORE@TWPUNIONSCHOOLS.ORG

Signature of Principal:

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- Study Partners: Create opportunities for kids without disability to be partners in other elective classes and clubs
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- Sponsor Assembly: Invite a speaker, SONJ athlete, or athlete-partner combination from your school
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- Hold a Eunice Kennedy Shriver Day: March is also Women's History Month!
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Application Submission Instructions:

The district/school liaison should complete this form after reading the requirements and consulting with the Special Olympics New Jersey Project UNIFY® director for any questions. It is important the liaison completing this application is an administrator or has obtained school administration approval before turning in the application to Special Olympics New Jersey.

FOR DISTRICT LEVEL APPLICATIONS:

Complete the application and budget for the entire district program. Include one Application Cover Page for each school, naming a school liaison for that building.

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Schools participating in Special Olympics Project UNIFY® agree to use all supplied branding materials. They also agree to all reporting requirements. All schools will submit a budget and be reimbursed only for approved expenses. Change in budget items will require pre-approval by SONJ.

Amount Requested: \$2,993.10 Date: 9/17/14

School Liaison or Administrator Signature: *R. Balvato*

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Project Description

1. What are the main goals for Project UNIFY® in your school/district?

The main goals for Project Unify and Burnet Middle School is to create awareness of student's with disabilities as well as create a unified group of general education students and special education students. We hope to provide social interaction between students as well as create a welcoming atmosphere with in our school for all types of students with special needs. Project Unify will provide funding for our current club, "special Olympics to create activities and awareness to both our club members and school community.

2. Which Special Olympics Initiatives will be implemented in your school?

- | | |
|--|---|
| <input type="checkbox"/> Get Into It/ Movies That Move | <input checked="" type="checkbox"/> Unified Sports: In-school
<i>(Inclusive phys. ed., recess, Unified game day, intramurals, club sports)</i> |
| <input type="checkbox"/> Youth Activation Committee | <input type="checkbox"/> Unified Sports: Interscholastic
<i>(Project UNIFY/local school/conference competitions, SONJ leagues, Unified Sports)</i> |
| <input type="checkbox"/> Young Athletes Program | <input type="checkbox"/> Friend of SONJ, volunteer, fundraise, Fans in the Stands |
| <input checked="" type="checkbox"/> Respect campaign/Pep rally | |
| <input type="checkbox"/> Global Messenger | |
| <input checked="" type="checkbox"/> Partners clubs | |

3. How do you plan to implement the Youth Leadership Committee, and what support will you provide your students in carrying out their Project UNIFY Programs?

Burnet Middle School plans to implement the Youth Leadership Committee by re-modeling our current club known as the Special Olympics Club. In the past we used to fund raise and donate money towards the Special Olympics. With the Youth Leadership Committee, we will create awareness throughout the school by creating a Respect Campaign / Disabilities Awareness Spirit Week. We will create fund-raisers and activities to help financially support the Project Unify Program. We will invite speakers to speak to our student community. We will create social events and inclusion activities to help unify the special education students with our student body. Students will meet everyday during homeroom to socially interact and create a relationship with our multiply disabled students.

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4. How will you fulfill the inclusive sport component?

Students will partake in a one time a month inclusion gym period. Students will also attend two bowling trips a year with our class. Students will also be asked to join our class in different activities during the year during their physical education program. Students who are committed to our Project Unify Program will also be asked to join us in an end of the year Field Day which will include several athletic competitions and a barbecue celebration of our success.

5. What is your plan for whole-school engagement? How will you incorporate the Respect Campaign?

Burnet Middle School will team up with our current Committee PBSIS. (Positive Behavior Supports in Schools.) We will run a week long spirit week filled with a "Theme of the Week, Theme of the Day." This will include hat day, jersey day, dress like a twin day, wear purple day, crazy hair day etc." We will create a bingo board of positive tasks that can be completed throughout the week, if the board is full students will receive a prize. Special Lion's Loot will be provided to students who participate in our Respect Campaign Spirit Week, which can be later raffled off for large prizes. We also hope to bring in a guest speaker who can speak about Respect and create awareness for Student's with Disabilities.

6. If your school is currently involved with your local Special Olympics New Jersey Program, please tell us how. Include the sports you practice and the number of athletes, Unified partners and volunteers.

At this time Burnet Middle School is not involved with our local Special Olympics. Last year we donated \$100.00 towards the Special Olympics and sponsored a teacher during the Polar Bear Plunge in Seaside, NJ.

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7. Please describe your plan for long-term sustainability for Project UNIFY in your school.

Our Youth Leadership Committee / Club will meet everyday during homeroom. Students will interact with our multiply disabled students. Once a month on Friday's students will meet to discuss fund-raising activities to help financially sustain the club. Students will talk about bake sales, donations, teacher / student dress down days etc. Students will fund raise to help sustain the club financially and continue to have enough support for our inclusion activities as well as our Respect Campaign awareness week.

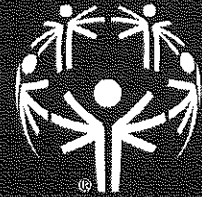
8. What other schools in your district are participating in Project UNIFY? What are your plans to collaborate with them?

9. If there are not other schools currently participating in your district, with which schools will you try to collaborate to make Project UNIFY present in your district? How do you plan to make that happen?

Once we establish our Youth Leadership Committee / Club at Burnet. We hope to expand our Project Unify to the High School and Elementary schools. We hope to start this process by inviting these schools to our end of the year celebration which will include a Field Day and barbecue. Also as our club members graduate they will hope to continue with the club in the high school to help promote awareness and respect. We will share all of our resources with our schools and help establish Project Unify at their schools as well.

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Estimated Budget

Inclusive Sports & Skill Development

<p>Uniforms <i>Amount of teams; athletes per team; cost descriptions</i></p>	<p>Equipment <i>Items; cost descriptions</i></p>
<p>Transportation <i>Event; cost descriptions</i> Bus - 9:30 - 1:10 - 4 1/2 hours - \$247 X 2 Bowling Trips \$494</p>	<p>Facility rental <i>Venue(s); cost descriptions</i></p>
<p>Fees <i>Guest speakers, rentals, etc.; cost descriptions</i> \$700?</p>	<p>Food</p>
<p>Supplies (please itemize) <i>Cost descriptions</i> Flag House Magazine 1 - g11806 - Paca - Chito - Target - \$159 1 g10328 - Bachet - O - Colored Balls - \$86.95 2 g7976 - Booms Beyer Foam Balls - \$149.90 2 G7475 - Jumbo Stacks - \$154 15 - G14694 - Sport Tech Basketballs - \$269.25 1 G521 - 4 way tug of war rope - \$215 1 G18851 - DDR Game Dance - 12 person - \$765</p>	<p>Total expenses \$2,993.10</p>

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Estimated Budget

School Community Awareness

<p>T-shirts <i>Amount of teams; athletes per team; cost descriptions</i></p>	<p>Posters or banners <i>Items; cost descriptions</i> Donations - PBSIS</p>
<p>Equipment <i>Type(s); cost descriptions</i> We will use what we have from previous Field Day Activities</p>	<p>Food Donations - Local Businesses</p>
<p>Rental or fees <i>Cost descriptions</i></p>	<p>Transportation <i>Events; cost descriptions</i></p>
<p>Supplies Flag House Magazine 1 - g11806 - Paca - Chito - Target - \$159 1 g10328 - Bachet - O - Colored Balls - \$86.95 2 g7976 - Booms Beyer Foam Balls - \$149.90 2 G7475 - Jumbo Stacks - \$154 15 - G14694 - Sport Tech Basketballs - \$269.25 1 G521 - 4 way tug of war rope - \$215 1 G18851 - DDR Game Dance - 12 person - \$765</p>	<p>Total expenses</p>

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Estimated Budget

Youth Leadership & Youth Activation

Events planned <i>Events; cost descriptions</i>	Food
Supplies <i>Items; cost descriptions</i>	Other <i>Items; cost descriptions</i>

Total expenses

Other Activities or Expenses

Stipends <i>Items; cost descriptions</i>	Other (please itemize) <i>Items; cost descriptions</i>
--	--

Total expenses

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Youth Activation Committee

Due October 31, 2014

Please answer the following questions to the best of your ability.

School Name: Burnet Middle School

Grade Level: 6th 7th 8th

Teacher Name: Diana Schraer

Email Address: dschraer@twpunionschools.org

Committee Leaders:

Diana Schraer / Steve Radzik

Committee Members (with grade level in parenthesis):

(If needed, you may attach a separate sheet.)

Diana Schraer - Special Education Teacher (6, 7 , 8)

Steve Radzik - Adaptive Physical Education (6, 7 , 8)

Michale Pielech - Adaptive Physical Education (6,7,8)

Ann Marie Calderola - Art (6, 7, 8)

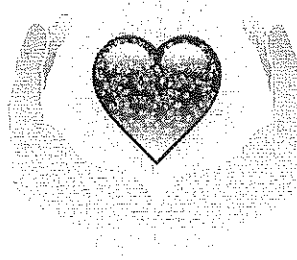
Tara Colandrea - School Counsler

Jill McCarthy - Guidance Counsler

How will your committee members be organized? When will they meet?

Committee members will meet one to two times a month before or after school. They can also meet on the Planning / Prep periods to discuss the club, club activities, fund-raisers etc.

Week of Respect
October 1st-October 5th




Teachers:

Please read the following list of events and guidelines to your homeroom on Monday, October 1st.

Monday, October 1st

Activity One: Linked Together

- Hand out the "links" (pieces of colored construction paper) that were in your mailboxes to each student in your homeroom
- Discuss the definition of Respect and how to respect others, with your class
- Have student's individually define respect (synonym) in one word and write it on their "link" (the word RESPECT doesn't count)
- As a class, attach every link to make a chain 
- Please send completed chains to room 130
- The chains will all be linked together circling Burnet to show that ***We are all linked together by respecting one another***

Activity Two: RESPECT Bingo Boards

Bingo instructions:

- Students are encouraged to complete **every** box on the bingo board and have a staff member initial the box upon completion of each task
- The Bingo Board is an interactive way to have students display random acts of kindness throughout Respect Week 😊
- Students who fill up the whole board will receive lion's loot on Friday when they present the board to their homeroom teachers
- Send the # of students who completed the whole board to room 130 Friday and Applebee's free sundae coupons will be in your mailboxes for those students on Monday morning
- **There will be random lion's loot drawings all week in lunches & Secret Surprise Drawings!**
- **Display positive behavior all week and you will be rewarded! HAND OUT LOOT!**

Reminder: Tuesday's Theme of the day: Teamwork

Remind Students: Wear your favorite's team's shirt/jersey to show you're a **TEAM** player and complete Bingo Boards all week! **Also:** Inform students that this week **YOU** will be voting for the most respectful student in your homeroom and that student will win a prize pack on Thursday.

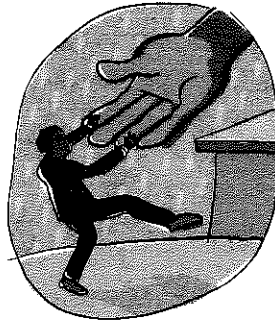
RESPECT:

Respect is a virtue of the noble. Great people climbed the ladder of success when they shed their ego and embraced humility. When you respect others, you respect yourself. Stand tall amongst your peers and mentors by giving them due respect

“I speak to everyone in the same way, whether he is the garbage man or the president of the university.”
— Albert Einstein

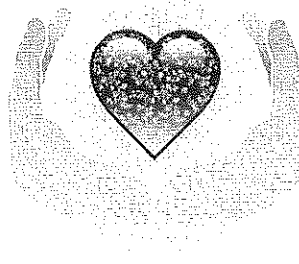
“Respect yourself and others will respect you.”
— Confucius, Sayings of Confucius

Respect is an important way of being kind and good to other people. Respect means not making fun of others. Respect means thinking of how somebody else feels. **Respect is treating another person the same way you'd want to be treated yourself!**



There are lots of easy ways to show respect! You show respect when you are polite, saying things like “please” and “thank you.” You show respect by appreciating people’s differences, like seeing someone as unique for the outfits they wear, rather than thinking they’re weird for dressing differently. You also show respect by not making people feel uncomfortable, like not pressuring another kid to play on the big slide if they say they’re scared of being so high up. You even show respect when you lend a helping hand!

Week of Respect
October 1st-October 5th



Tuesday, October 2nd

Teachers:

Please read and discuss the teamwork quotes at the bottom of the page

Tuesday, October 2nd:

- *Theme of the day: Teamwork!*
 - Wear your favorite sports jersey to show you're a *TEAM* player
 - Lion's loot will be distributed today for students who wear something team inspired and who are team players throughout the day
 - Team player examples: Be cooperative, not competitive, listen to your peers, be respectful to everyone, follow directions, and much more!



Teamwork Quotes:

"Alone we can do so little; together we can do so much." **Helen Keller**

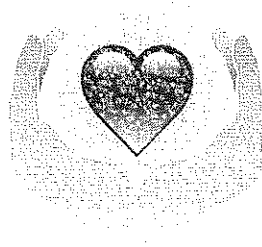
"Individuals play the game, but teams beat the odds." **SEAL Team saying**

"The way a team plays as a whole determines its success. You may have the greatest bunch of individual stars in the world, but if they don't play together, the club won't be worth a dime."

Babe Ruth

Reminder: Wednesday October 3rd, Wear Purple to show kindness to others and to support Anti-Bullying and Complete Bingo Boards!!!

Week of Respect
October 1st-October 5th



Teachers:

Please read the following list of events and guidelines to your homeroom on Wednesday, October 3rd

Wednesday, October 3rd:

- *Theme of the day: Purple Power!!!!*
 - Wear something purple to show solidarity for Anti-Bullying
 - Students will receive lion's loot throughout the day for wearing something purple and for displaying kindness to all people

Let's pay it forward with random acts of kindness today!

- **Use your words, words have power: Write notes of appreciation to the cafeteria workers, janitors, teachers, counselors and other staff members today**
- Pay someone a compliment
- Say you're sorry to someone you hurt
- **Write a letter telling someone how much you appreciate them**
- Ask if someone needs help
- Forgive someone
- Make a new friend
- Say thank you to your teachers who dedicate their lives to educate you
- Write a thank you note to a teacher /staff member
- Tell a friend how much they mean to you
- Do some of these in homeroom!

Let's see how many Random Acts of Kindness Burnet students can complete today!!!!

***Display random acts of kindness and respect differences in others to earn loot and a to be "Caught being Kind"**

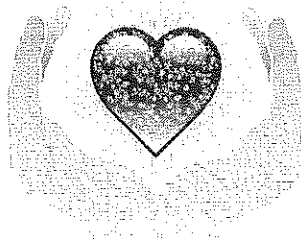
"Kindness is a language which the deaf can hear and the blind can see"

Mark Twain

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around. "

***Reminder: Thursday is PAIR DAY: "Pair up" with your best friend to combat bullying!
Dress alike! Complete Bingo Boards!!!***

Week of Respect
October 1st-October 5th



Teachers:

Please read the following list of events and guidelines to your homeroom on Thursday, October 4th:

Thursday, October 4th

Theme of the day: Pair up Against Bullying

- Hand out Lion's Loot to students who are dressed in pairs ☺
- Have students break into pairs and brainstorm some ways they can show respect. Have the students take part in short role plays to demonstrate a way to show respect. (Ex: One student takes the role of the teacher and the other student raises hand quietly)
- Inform students that at lunch they will take part in a **RESPECT ELECTION**- where they will vote for who they believe is the most respectful staff member in the building
- The 3 staff members with the most votes will win prizes and be announced on the loud speaker
- Attached to this sheet will be a ballot for you, the teacher, to vote for whom you believe is the most respectful student in your homeroom.
- Submit the completed ballots to Room 130 by the end of the day and that student will be entered in a drawing to win a prize pack

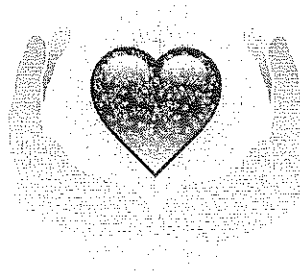
Think about some ways that you can show respect! Listening to others is one good example. If someone's opinion is different than yours, you can show respect by listening even if you don't agree with what they think!

You can also show respect by using good manners. Would you like it if someone interrupted you all the time while you were speaking? Probably not! Polite manners are a great way of being respectful.

What other ways to show respect can you think of?

Reminder: Friday is "Sinking Stereotypes"
Complete your BINGO BOARDS for tomorrow AM!

Week of Respect
October 1st-October 5th



Teachers:

Please read the following list of events and guidelines to your homeroom on Friday, October 5th.

Friday October 5th

Theme of the day: **SINKING STEREOTYPES**

- Turn in completed Bingo sheets now!
 - Teachers please collect and distribute lion's loot to students who completed their sheets with signatures in all boxes

- Discuss in homeroom what **stereotypes** are, effects of stereotypes, and ways we can all come together to combat them.

Stereotypes seem to thrive in middle school. Every day, students find themselves labeled as jocks, preps, and nerds, among other things. Any person can fit a stereotype in some way, shape, or form, but they never one hundred percent are true to any one label. A stereotype is a blueprint of how a certain type of person should be, and like a blueprint, the real deal is never a perfect copy of the original idea.

- Inform students that in lunch today they will take part in "dissolving stereotypes" activity
 - Students will come to the front of the cafeteria by section and in washable markers write a stereotype they have thought about someone or a group of people, on a piece of tissue paper (examples: blondes are dumb, overweight people are lazy, Asian people are smart)
 - Then they will take the tissue paper and place it in a small pool in the front of the cafeteria
 - We will be able to watch all of our stereotypes and judgments dissolve

- As a culmination to Respect week please read aloud the **RESPECT PLEDGE**
- Have students sign the purple construction paper to signify they understand and will be respectful to one another throughout this school year
- Please return the pledge to Miss Colandrea
- All homeroom signature pages will be hung up in the school underneath a BIG copy of the respect pledge to remind us we **PROMISED TO SHOW RESPECT**



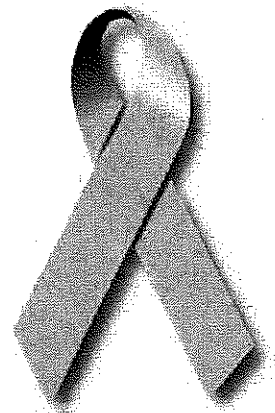
RESPECT WEEK: *RESPECT GRAMS!!*

Step up so others won't get stepped on!



Send a friend an “I Respect You”
message with a purple-ribbon lollipop
to show that you respect them 😊

Being sold in **lunch** during
RESPECT WEEK,
October 7-11 for **\$1!!!**



Announcements:

Friday 10/4: PM

- Next week is the week of respect here at Burnet and also across the country. To kick off this week, we ask all students and staff to wear blue on Monday October 7th to represent PEACE among each other. All students wearing blue and participating in the week's activities will receive lion's loot. Try and collect as much lion's loot as possible to save up for Big wheel spins and the grand opening of the school store on October 15th! There are lots of exciting activities planned for next week and we are looking forward to full participation!
- Also, Respect candy grams will be on sale for a dollar all next week in lunch. Send a purple ribbon candy gram to a friend or staff member!

Monday 10/7 AM

- Welcome to the Week of Respect! Today is the day of PEACE! We should be seeing lots of Blue all over today! Students: Be as respectful as possible this week to earn loot for prizes and for the grand opening of the lion's loot store next week!

Quote:

"I speak to everyone in the same way, whether he is the garbage man or the president of the university."

— Albert Einstein

Monday PM:

- Tomorrow is Teamwork day – wear your favorite team inspired shirt or jersey to show you're a team player.
- Don't forget to bring in your \$1.00's for lunch to purchase a candy respect gram for your friends and teachers
- Get your Bingo Boards/Trivia completed by this Friday!
- Work hard all week to earn the ELITE blue loot to be entered to win a Cannon Digital Camera

Tuesday 10/8 AM :

- Today is Teamwork Day! Hand out lions loot to students who are wearing jerseys or team inspired shirts

Quote:

"Alone we can do so little; together we can do so much." **Helen Keller**

- Get your bingo boards done! And be on your best behavior all week to earn the Elite blue loot!

Tuesday PM:

- Tomorrow is Unity day, please wear orange to show we stand united against bullying
- Bring in your money for the candy grams in lunch!

Wednesday 10/9: AM

- Today is Unity today! Orange all around!
- Let's pay it forward today with random acts of kindness!
- Reminder: Elite Blue tickets need to be handed in to room 127 by Friday 3C to be entered in the Cannon Digital Camera prize drawing
- Candy grams on sale in lunches today and tomorrow only! Grams will be delivered Friday during homeroom

Quote: "Kindness is a language which the deaf can hear and the blind can see"

Mark Twain

Wednesday PM:

- Tomorrow is Twin Day! Pair up with your friends to show you stand together to defeat bullying!

Thursday 10/10 AM:

- Today is Twin Day! Hand out loot for students dressed in pairs or groups!
- Today in lunch is the last day to purchase candy grams for your friends! When you go up to purchase your gram you can also take part in the Respect Election where you can vote for whom you believe is the most respectful staff member! Winning staff gets prize packs!

"Think about some ways that you can show respect! Listening to others is one good example. If someone's opinion is different than yours, you can show respect by listening even if you don't agree with what they think!

You can also show respect by using good manners. Would you like it if someone interrupted you all the time while you were speaking? Probably not! Polite manners are a great way of being respectful.

What others ways to show respect can you think of?"

Thursday PM:

- Tomorrow is Anti-Bullying Day please wear purple!
- Get in your completed bingo and trivia boards to your homeroom teachers during homeroom tomorrow
- Also tomorrow is the last day to turn in your blue loot to room 127! Submissions received after 3C tomorrow will not be counted

Friday 10/11 AM:

- The theme of the day today is Sinking Stereotypes & Purple Power
- Teachers: please collect the bingo/trivia boards now, hand out loot for students who hand them in and bring them to room 130
- in lunch today you will take part in "dissolving stereotypes" activity
 - Students will come to the front of the of the cafeteria by section and in washable markers write a stereotype they have thought about someone or a group of people, on a piece of tissue paper (examples: blondes are dumb, overweight people are lazy, Asian people are smart)
 - Then they will take the tissue paper and place it in a small pool in the front of the cafeteria
 - We will be able to watch all of our stereotypes and judgments dissolve
- Blue loot is due today in room 127 by 3C!

Friday PM:

- Thank you for participating in respect week:
- The teachers winners of the respect election are _____
- The student winner of the blue loot and cannon digital camera is _____
- Please come down to retrieve your prizes

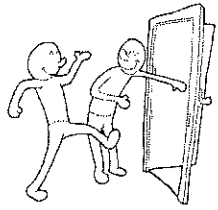
H



Say you're sorry to someone you hurt

O

Hold the door open



N

Raise a quiet hand

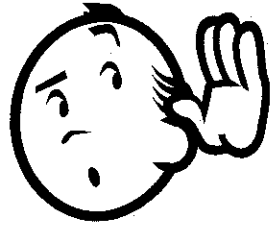


O

Stick up for someone else



R

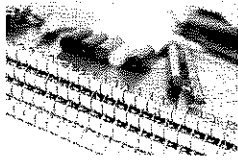


Listen quietly when teacher is speaking

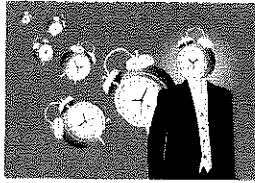


Make a new friend

Share supplies



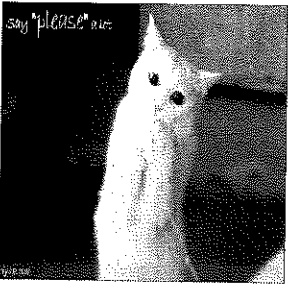
Be on time to class



Say Thank You

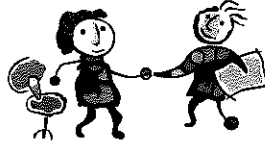
THANK YOU

Lend a Helping Hand



Say please

Help keep classroom clean



Say excuse me politely



Help another student

Learn something from another person



Ask permission

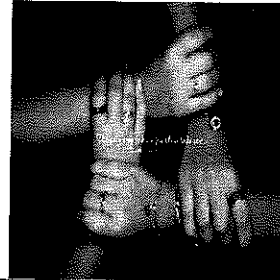
SORRY!

Say you're sorry to someone you hurt

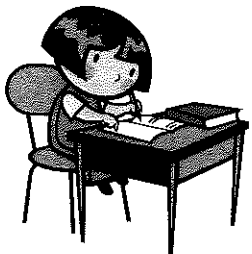
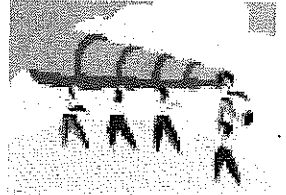


Be prepared for class

Stick up for someone else



Demonstrate Teamwork



Stay in seat

Be Supportive to a friend or teacher



Be sensitive to other people's feelings



Participate in RESPECT Week

Appropriate participation



In class

Name _____

Grade _____

Homeroom _____