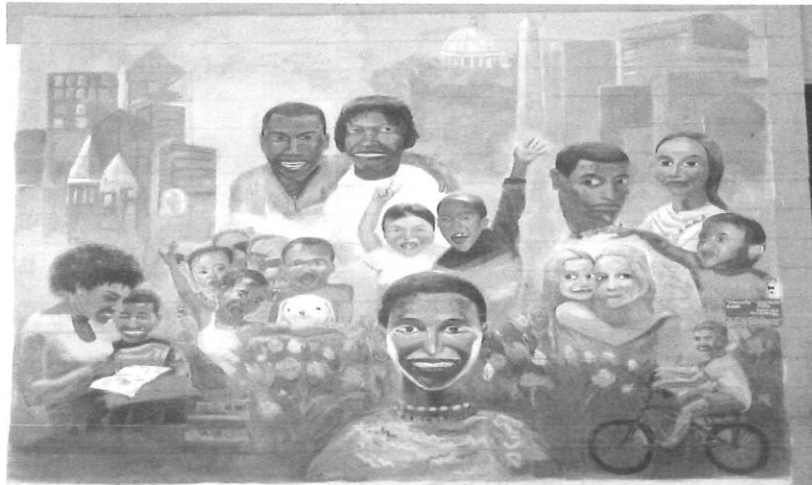




**Isabella Scocozza**  
**Township of Union Public Schools**  
**Director of Instruction and Funded Programs**  
**(908)-851-6553**

Approve Living Water Well Inc. to coordinate parent engagement five parent engagement workshops at Union High School during the 2022-2023 school year. Total cost will be \$1250 and paid for through Title I Union High School funds Account Extension #16889.

*The Parent Workshop Series is Back!!!!*



*Come join the Parent Workshop Series monthly between  
January and April 2023.*

*All workshop topics are from parents - for parents. All workshops will  
be open to parents as well as students. We have heard your voices*

*Workshops to be facilitated*

*by*

*Patricia Bridges MA, LPC*

*Founder/Director*

*Living Water Well Inc.*

*Workshops will be held at Union High School unless otherwise stated.*

*Registration is required*

*\*See Flyer for Workshop links\**

# *The Parent Workshop Series 2022-23*

## *“Post-Pandemic Family Care”*

Everyone is welcomed to a time of discussion about the changes we see in a post-pandemic world. Resilience is what we need to continue through these challenges.

January 19, 2023

[https://docs.google.com/forms/d/e/1FAIpQLSf4Xgqw4tXz0EhNfnA\\_bhRihYbnaozYp2zmbrISw4VeROePEg/viewform](https://docs.google.com/forms/d/e/1FAIpQLSf4Xgqw4tXz0EhNfnA_bhRihYbnaozYp2zmbrISw4VeROePEg/viewform)

## *“Helping Your Child Balance Between Two Houses”*

This workshop will give parents strategies on how to balance your child’s academic and emotional experiences when living in two separate homes.

February 2, 2023

[https://docs.google.com/forms/d/e/1FAIpQLSfDz\\_K86emr9PRdhbpwBY5VBWqfQYVdjJDne3VUQmGZ9bxmsQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLSfDz_K86emr9PRdhbpwBY5VBWqfQYVdjJDne3VUQmGZ9bxmsQ/viewform)

## *“Encouraging our Boys in Elementary School for Life”*

Our boys need encouragement socially and emotionally. Parents, come learn strategies of how to work with our male children on modifying behavior and bringing out the best in them.

March 6, 2023

<https://docs.google.com/forms/d/e/1FAIpQLScCirexhWjIDx2deiEg9RMlrm04cThq3lgXUPd0Yno3BXJ3pQ/viewform>

## *“ The Art of Communication & Validation”*

Do you know that communication and validation are the keys to Connection? In this workshop, we will discuss successful ways to use the language of validation, keep the lines of communication open, build a safe space for constructive conversations between parents and their children.

March 23, 2023

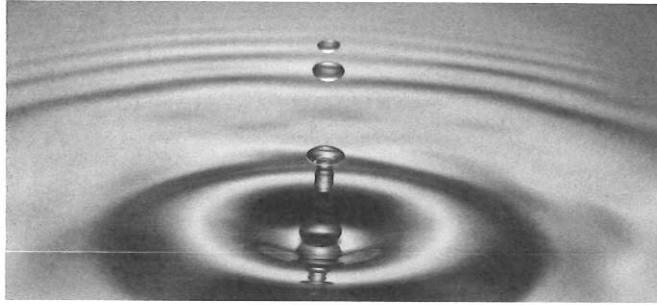
<https://docs.google.com/forms/d/e/1FAIpQLSekXEGmNst6N2cxtSdkFJiHkkc9dBnQsB66jNqFznm0sfA-Yg/viewform>

## *Modeling Self Advocacy for your Child*

You have raised great young people. Now is the time to raise great advocates. Come learn strategies for self-advocacy for parents and their young people.

April 4, 2023

[https://docs.google.com/forms/d/e/1FAIpQLSe45D6KpTUaF8r-aJLvGIB7YQ4QvYxO8SVuKd5Fc7r1\\_Qh5EQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLSe45D6KpTUaF8r-aJLvGIB7YQ4QvYxO8SVuKd5Fc7r1_Qh5EQ/viewform)



## *Living Water Well Inc.*

*Patricia Carter-Bridges, Founder/Director*

livingwaterwellinc@gmail.com

908.313.2971

### **SOLE SOURCE PROVIDER LETTER**

December 1, 2022

Union Township Board of Education

Dear Isabella Scocozza;

The Living Water Well is in the process of becoming a Non-Profit organization with a specific focus of Counseling, Mentoring and Empowerment. The opportunity of presenting and facilitation The Parent workshop Series has been offered; and I humbly accept. Each workshop will provide a safe environment for discussion; true inclusion of both parents and young adult students; as well as productive dialogue to increase communication between parents, students and staff.

Each workshop will be advertised and facilitated at the cost of 150.00 per session, and the location and audience will be specific for Union High School. If used district-wide, I welcome the opportunity to invest in the Elementary and Middle School populations.

I welcome any observation with the hope that the observation and survey of effectiveness will be expressed to you to conclude the validity and viable nature for a continued connection. The collected data will be shared with you as a tribute to your support of this new initiative, the dedication exhibited toward all students and hopefully the growth of your students and their parents. If adjustments to the dates need to be made, please let me know as soon as possible.

I greatly appreciate the opportunity to serve the students and parents of your school district.

Sincerely,

Patricia Carter-Bridges, Founder & Director

Living Water Well Inc