



2023-24 SEASON

The Elks Hoop Shoot is a national free throw contest that has been unleashing gritty kids for more than 50 years. Here's what every Hoop Shoot Director needs to know.

HOW DOES IT WORK?

- Youth ages 8-13 advance through local contests (starting with preliminary contests or a Lodge contest), Districts, States, and Regionals to the National Finals in Chicago.
- Six National Champions will have their names and photos displayed at the Naismith Memorial Basketball Hall of Fame in Springfield, Mass.

WHY HOOP SHOOT?

- Gritty kids=determined hard workers. Gritty kids become gritty adults with strong work ethics and goal-setting skills.
- It's free! The Elks cover travel costs through each level.
- The Hoop Shoot can offer similar life lessons as other sports programs. But what other program offers kids the chance to be in the Hall of Fame?



"The Hoop Shoot helped me create a strong work ethic, not just in sports but in life itself. The lessons I learned have helped me juggle school and college basketball."

—Jerika Moore, 2015 National Champion
2023 BackBoard Member

HOOP SHOOT SERVES: SERVICE SCORECARD

- The Service Scorecard is a chance for youth and their families to engage with the Hoop Shoot while serving their communities through active, monthly service projects. All ages are welcome to participate. Learn more at enf.elks.org/ServiceSC.

UNLEASHING GRITTY KIDS

2750 N. Lakeview Ave. | Chicago, IL 60614
773/755-4758 | hoopshoot@elks.org | elks.org/hoopshoot



HOOP SHOOT ON THE SILVER SCREEN

- The Elks Hoop Shoot YouTube show *Hoop Shooting the Breeze* features interviews with participants, their families, volunteers and friends of the Hoop Shoot program. Tune in at enf.elks.org/breeze.
- Stay tuned for #TrueGritTuesdays and the Griteos from the 2023 National Finals, showcasing what Finalists have learned through the program. See past years and keep your eyes out for new ones at enf.elks.org/Griteos.

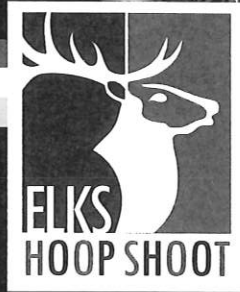
LEVELS OF COMPETITION

Youth ages 8-13 are invited to compete in three age groups, 8-9, 10-11, and 12-13, with girls and boys competing separately. Participants can only compete at **ONE** Lodge contest per year. Then, they must win at each level along the way before stamping a ticket to the National Finals.

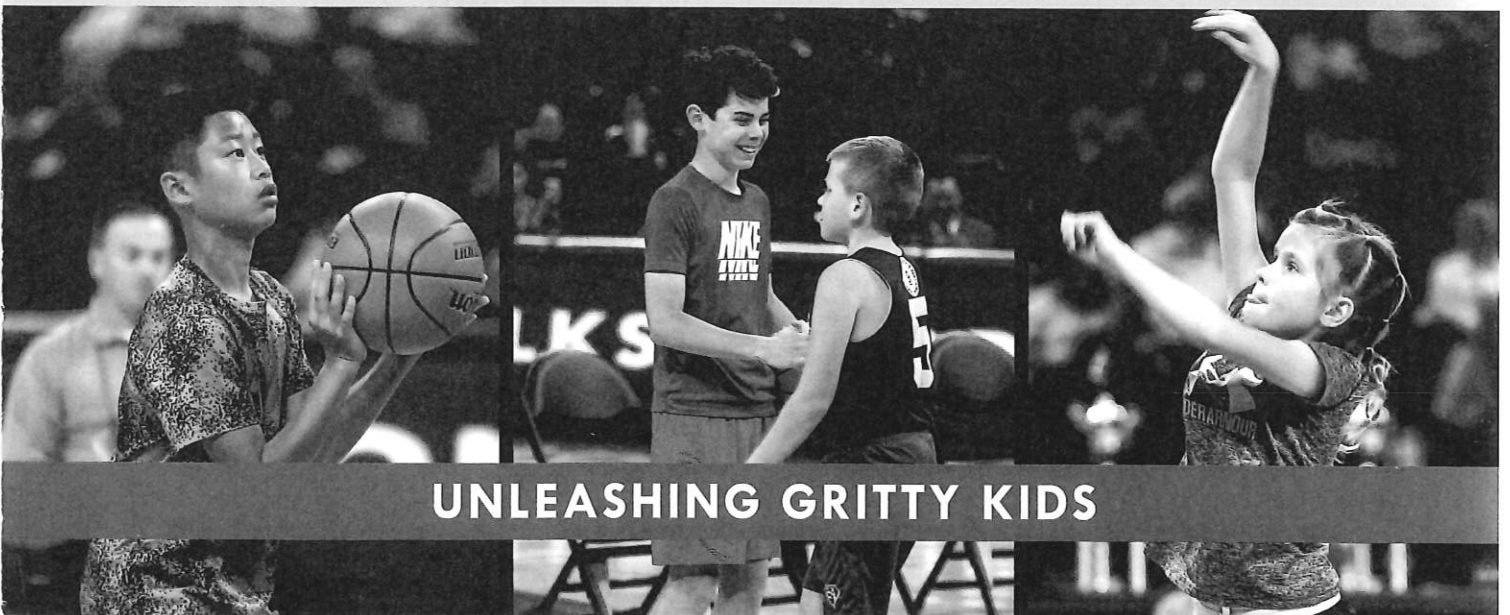
PRELIMINARY		At the Lodge Director's discretion, in some communities, the season kicks off with a community-hosted contest. Winners advance to the Lodge contest.
LODGE		The official entry in the contest. Competitors are allowed to participate in ONE Lodge contest a season.
DISTRICT*		Six Lodge winners advance to compete with other participants from nearby Lodge communities. <small>*Several states do not hold District contests.</small>
STATE		District* winners travel and meet other participants from their home state. <small>*Several states do not hold District contests.</small>
REGIONAL		State winners hit the road again as Regional Semi-Finalists—competing against winners from multiple states.
FINALS		The 72 National Finalists compete on the national stage in April in Chicago. Six Finalists are crowned National Champions and are displayed in the Naismith Memorial Basketball Hall of Fame!

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HOST A PRELIMINARY HOOP SHOOT CONTEST

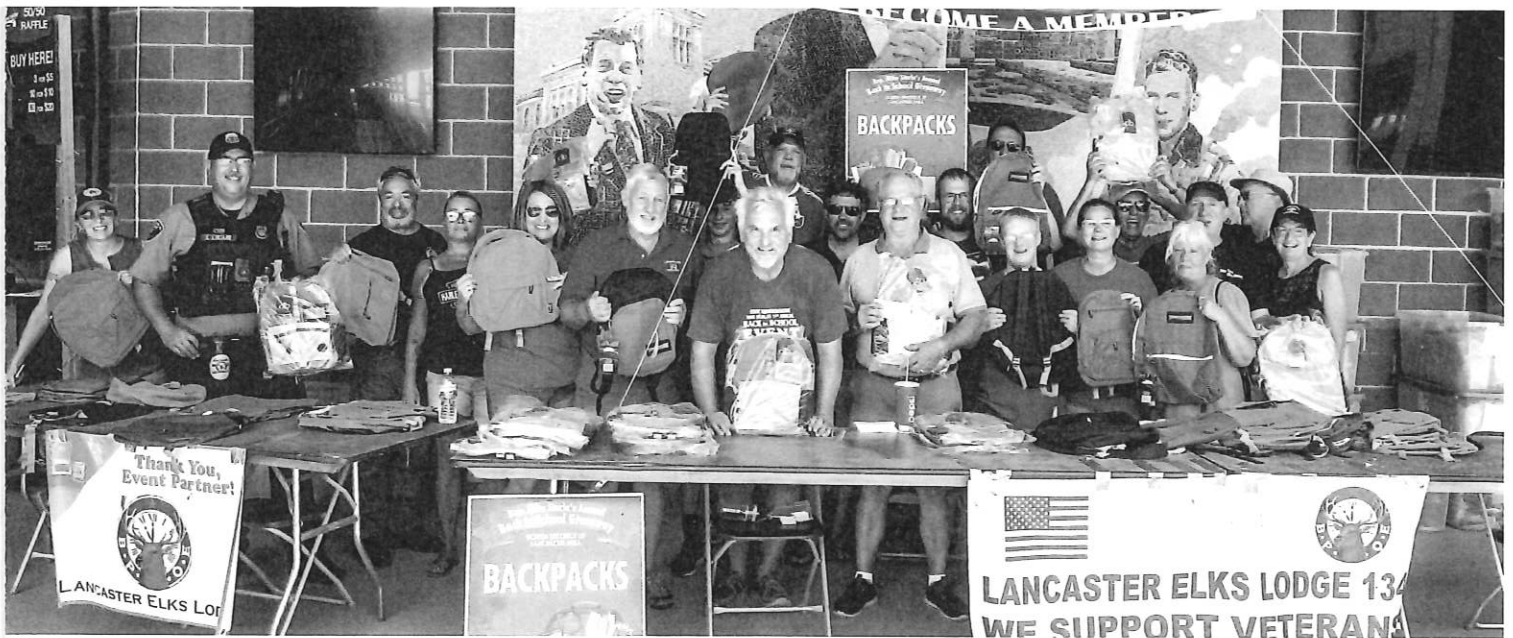


UNLEASHING GRITTY KIDS



1. The 8-9 divisions shoot four feet in front of the regulation foul line.
2. The 12-13 boys division shoots with a 29.5" basketball. All other divisions shoot with a 28.5" basketball.
3. All contestants should be given an official opportunity to warm up. Ten minutes is recommended.
4. Each contestant should be given up to five warm-up shots, if desired, before shooting for score. The number of warm-up shots is at the discretion of the contest coordinator, but it is recommended that five shots are offered. Then, the contestant will shoot their first 10 shots for score, return to the end of the line, and shoot their final 15 shots without additional warm-up.
5. After a contestant is handed the ball, they have up to 10 seconds to make a free throw attempt. If a contestant takes longer than 10 seconds to shoot, a penalty occurs and the shot is void. A free throw begins when the ball is given to the contestant at the free throw line. It ends when the try is successful, when it is certain that the try will be unsuccessful, or when the ball becomes dead.
6. The contestant must stay behind the foul line until the ball has touched the hoop, backboard or net. If the line is touched before this happens, a penalty occurs and the shot is void.
7. Ties will be broken by taking five additional shots in the same shooting order until the winner is determined.

Visit elks.org/hoopshoot/compete for complete contest rules and equipment guidelines.



LEARN MORE ABOUT THE ELKS

WHO ARE THE ELKS?

Elks are community. No matter where you go in the country, an Elks Lodge is right around the corner. With more than 800,000 members and 1,800 Lodges nationwide, Elks provide charitable services that help build stronger communities.

Elks Lodges are places where neighbors come together, families share meals, and children grow up. Elks invest in their communities through programs that help children stay healthy and drug-free, meet community needs, and serve our nation's veterans.

Join us in serving our community today! Visit elks.org/who to get involved.

ABOUT THE ELKS NATIONAL FOUNDATION

Established in 1928, the Elks National Foundation is the charitable arm of the Elks. The ENF helps Elks build stronger communities through programs that support youth (like the Hoop Shoot), serve veterans, and meet needs in areas where Elks live and work.

To learn more about Elks National Foundation youth programs, including the Elks Drug Awareness Program and ENF scholarships, visit elks.org/enf or contact your local Elks Lodge.



Elks
National
Foundation, Inc.

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