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Director of Instruction and Funded Programs
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Approve the contract of Living Water Well Inc. to provide consulting counseling services to faculty, students and families at Saint Michael's Non-Public School under Title IV funding. Total amount not to exceed \$3163 Account Extension 8514.

Approve the contract of Living Water Well Inc. to provide professional development services to the faculty at Saint Michael's Non-Public School under Title II funding. Total amount not to exceed \$3800 Account Extension 8436.

Consulting Counseling Services for Faculty, Staff, Students and Families
Community Connection with St. Michael's School, Union
Proposal Draft: Patricia Bridges, LPC

TITLE IV

Our Sister School, St. Michael's School, with grades K-8; has maintained a rich history, academic strength and spiritual integrity for their students, families and the community. The effects of global change in social distancing, remote learning and the decrease of general human contact have been felt by the world. These traumatic and post-traumatic elements need specific attention as well as the compassion of the community surrounding this school.

As we remain vigilant, we apply what we have learned from our traumatic experiences and virtually challenging educational experience; while creating refreshed ways of educating our children. Our continued hope remains that students will continue on the path of becoming more resilient, succeeding academically, and being socially aware by building community as we all make attempts to return to the newness of society today. Our memories and present daily routines remain impacted by what we have endured and persevered through.

Therefore, the following proposal would be created to serve St. Michael's School on a school-wide basis.

Student Meetings:

1) I propose being available to parents via email for specific mental wellness counseling concerns. Documentation of these emails will be shared with the Principal/Director. The support of the parents and student body with knowledge and interventions, will be focused on reaching students of all ages and assisting them in the area of social emotional learning, academic strength and in the support of the family. Time devoted to parental contact for student mental health concerns will be time

documented and billed individually within the confines of this consultation agreement.

II) I propose to provide virtual and in-person workshops throughout the academic year, in response to the post traumatic experiences that led to their current state of mental wellness. This level of anchoring will give students, and consequently their families, specialized sessions filled with interventions that will purposely and intentionally build a sense of resilience and perseverance. Student school hour implementation is key to the success of school-wide visions, academic support, ongoing added counseling support, and networking with outside counseling services.

III) Initiating and implementing a new leadership program. This program would be initiated for the current 7th Grade Class(s). Leadership sessions would be conducted virtually for all students involved in this initiative. Students would be given leadership tasks and community service possibilities that would reflect leadership to the younger students at SMS.

IV) I propose designing virtual and in-person workshops for students and families within the expressed needs of the school community as part of the collaborative consultation. Parents experience feeling overwhelmed and stressed over the events that have led to their current situations; as well as the post-traumatic events of the pandemic. These workshops will offer strategies for enrichment and resilience, empowering families to seek out resources for continued support and to strengthen and build our community.

PROPOSED BUDGET & ALLOCATIONS: TITLE IV

Workshop Session for Middle School Students

150.00 each

Mindfulness & Meditation

SEL/ Resilience/Restoration

Conflict Resolution/Restorative Practices

High School Transition

Middle School Leadership Program: Meetings with Student Leaders who are permitted to participate in this leadership initiative will be conducted monthly throughout the academic year, not to exceed ten (10) meetings.

100.00 per meeting

Parental Workshops

250.00 each

As budgeted and allocated through ESEA Non Public State Funding

Mindfulness

SEL/ Resilience

Parent/Student Connection

High School Transition

Student Emergent Counseling Services

Individual Mental Wellness Meetings: as referred by the Principal or Parent

35.00 per hour: Not to exceed 600.00 for academic year

The proposed annual stipend for the Consultation would have an anticipated total of: \$3163.00 This total represents the sums of the above student initiatives for wellness, leadership SEL and emergent counseling interventions.

PCB: Submitted 8/26/2022

Title IV Budget Page: 9/30/22