



TOWNSHIP OF UNION PUBLIC SCHOOLS

ISABELLA SCOCOZZA
DIRECTOR OF INSTRUCTION & FUNDED PROGRAMS

TO: Diane Cappiello

FROM: Maria Malang

CC: Isabella Scocozza

DATE: Oct 8, 20205

RE: PD/Staff Development for Performing Arts Department for Ron Rago

Good morning Diane,

Please have this PD/Staff Development request approved at the October 28, 2025 Board meeting.

This PD will be paid by the Grants Department out of SBMH NJTSS PD Consultant.

Account# 20092/20-453-200-500-01-20-YR03

Vendor: School Wellbeing Solutions/Dr. Martin Blank

Date: TBD

Time: 90 mins (e.g. 11:30am to 1:00pm)

Location: Union High School

Description: 90-minute Professional Development: Fast-paced, research-backed workshop designed for performing arts staff. Blends positive psychology and performance-anxiety tools with real rehearsal/classroom scenarios so teachers walk out able to regulate their own stress and coach students through high-pressure moments.

ESTIMATE

School Wellbeing Solutions, LLC
12 Foxcroft Dr
Princeton, NJ 08540

info@schoolwellbeingsolutions.co
m
+1 (510) 338-2650
schoolwellbeingsolutions.com



Bill to

Township of Union Public Schools
Superintendent's Office
2369 Morris Ave
Union, New Jersey 07083
United States

Ship to

Township of Union Public Schools
Superintendent's Office
2369 Morris Ave
Union, New Jersey 07083
United States

Estimate details

Estimate no.: 1044
Estimate date: 10/08/2025

#	Date	Product or service	Description	Qty	Rate	Amount
1.		90-minute Professional Development	Fast-paced, research-backed workshop designed for performing arts staff. Blends positive psychology and performance-anxiety tools with real rehearsal/classroom scenarios so teachers walk out able to regulate their own stress and coach students through high-pressure moments. Date TBD 90 mins (e.g., 11:30-1PM)	1	\$2,000.00	\$2,000.00

Total

\$2,000.00

Note to customer

All sessions: customized agenda based on Union Township's performing arts context, interactive practice, and take-home guides. Evidence-based (positive psychology, resilience, performance science). Virtual or live delivery. Net 30 terms. Dates to be confirmed once PO approved.

Accepted date

Accepted by