

# Township of Union Public Schools

Job Description

### ATHLETIC TRAINER

### **QUALIFICATIONS:**

- 1. Valid NJDOE School Athletic Trainer endorsement
- 2. Valid First aid and CPR certification
- 3. Demonstrated ability to perform the duties and responsibilities listed above
- 4. Knowledge of human anatomy, physiology, and biomechanics
- 5. Ability to provide injury prevention education, physical conditioning, emergency care, and reconditioning therapies for athletes
- 6. Demonstrated ability to communicate and work effectively with students, parents, staff and community groups and organizations
- 7. Required criminal history background check and eligibility to work in the United States
- 8. All applicants must meet NJ Residency requirements as per "New Jersey First Act," N.J.S.A. 52:14-7 (L. 2011, Chapter 70)
- 9. Must be able to perform the essential functions of the position satisfactorily. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

#### **REPORTS TO:** Athletic Director

#### **JOB GOAL:**

To help maintain the physical well-being of interscholastic athletes through the development and implementation of a comprehensive athletic health care program that focuses on injury prevention and provides for injury evaluation and immediate care and rehabilitation of injured athletes.

### PERFORMANCE RESPONSIBILITIES:

- 1. Be available for home-scheduled and interscholastic events. Attends away contests at the discretion of the Athletic Director
- 2. Administer first aid to injured athletes on the field, gymnasium, on school grounds or in the athletic training room
- 3. Record all injuries and treatments using the electronic medical record keeping system. Maintain accurate records for rehabilitation and physician referrals
- 4. In the absence of a physician, be responsible for the providing clearance to return to athletic activity for injured athletes



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- 5. Supply first aid kits to each athletic team
- 6. Advise and counsel athletes and coaches on matters pertaining to: conditioning, training, playing status, safety, diet and reconditioning of injured athletes
- 7. Develop and maintain an effective training program for student athletes. Provide in season and postseason conditioning programs and athletic trainer services at interscholastic athletic events and practice sessions as assigned
- 8. Advise the athletic director and coaches of flexibility, strengthening, and conditioning programs to help prevent injuries and optimize performance
- 9. Provide for the prevention of injuries through the application of protective taping, wraps, and braces, and assists in the design of practices to help to reduce the incidence of injury
- 10. Provide immediate care of athletic injuries and refers the athletes to a medical personnel or facility when necessary in accordance with district policies
- 11. Design and supervise rehabilitation programs for injured athletes, under the direction of a licensed referring physician
- 12. Assume responsibility for the budgeting, purchasing, and inventorying of athletic training supplies, equipment and materials
- 13. Maintain open communication with coaches, parents, and physicians regarding athletic injuries, treatment, and rehabilitation
- 14. Develop and implement a system of ongoing review of the effectiveness of the athletic program in preventing injury or illness
- 15. Follow all NJSIAA, NFHS, and NATA guidelines, especially regarding the Return to Play, Heat Acclimation/Exertional Heat Illness and Concussion Impact testing policies
- 16. Perform other duties within the scope of employment and certification as may be assigned by the Athletic Director

## PHYSICAL ABILITIES AND WORKING CONDITIONS OF CONTINUED EMPLOYMENT

The physical abilities and other conditions of continued employment listed in this section are representative but are not intended to provide an exhaustive list of physical abilities and other conditions of continued employment which may be required of this position. The Township of Union Public Schools encourages persons with disabilities who are interested in employment in this class and need reasonable accommodations to contact the Personnel Department.

<u>Vision</u>:(which may be corrected) sharp vision to observe athletes from a distance, assess injuries, and read medical reports

**Hearing**: (which may be corrected) adequate hearing to understand verbal instructions, respond to calls for help, and listen to an athlete's symptoms or complaints



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**Speech**: to be understood in face-to-face communications; to speak with a level of proficiency and volume to be understood over a telephone

**Strength and Stamina**: ability to carry, push, or pull up to a certain weight (e.g., 50 pounds) to assist injured athletes; stamina to stand, walk or move for extended periods during practices and game

**Mobility and Dexterity**: ability to quickly respond to emergency situations, including running or moving rapidly to an athlete's side; manual dexterity to apply first aid, tape joints, and use medical equipment

<u>Flexibility</u>: ability to bend, stretch, or kneel to assess injuries or assist athletes in different positions

**Endurance**: ability to work in different weather conditions (heat, cold, rain) during outdoor practices and games; tolerance to loud environments like gyms or stadiums during events

**Physical Presence:** ability to engage in physical demonstrations of exercises or rehabilitation techniques when necessary; ability to assist in moving or positioning athletes on stretchers or other equipment

**TERMS OF EMPLOYMENT:** Ten-month work year with a stipend for summer athletic hours. Salary is to be determined by the board of education in alignment with the collective bargaining agreement with the Union Township Education Association.

**ANNUAL EVALUATION:** Performance of this job will be evaluated annually in accordance with NJ State law and the provisions of the board's policy on evaluations.

Approved by: Township of Union Public Schools	Date:		
Reviewed and Agreed to by:	Date:		